| It Takes a Woman <br> Choreographer: <br> Niels Poulsen - nielsbp@gmail.com <br> March 2024 |  |  |
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| Type: <br> Level: <br> Music: <br> Intro: <br> Restart: | 48 counts, 2 walls, waltz Improver It takes a woman, by Chris Stapleton. 4.07 mins. 120 BPM. Download track from iTun 24 count intro. Start on 'BRO' in the word 'Broken'. Start with weight on $R$ foot AND faci On wall 7, after 42 counts, facing 7:30 | gg 1:30 |
| Counts | Footwork | You face |
| 1-6 | Fwd L, Hold, point R, $1 / 8$ R fwd R, step $1 / 4 / 2$ |  |
| 1-3 | Step L fwd into R diagonal (1), point R to R side (2), prep body to L diagonal (3) | 1:30 |
| 4-6 | Turn 1/8 R stepping R fwd (4), step L fwd (5), turn 1/4 R stepping onto R (6) | 6:00 |
| 7-12 | $L$ weave, big side step $R$, slide $L$ together |  |
| 1-3 | Cross L over R (1), step $R$ to $R$ side (2), cross L behind $R$ (3) | 6:00 |
| 4-6 | Step R a big step to $R$ side (4), slide $L$ next to $R$ over 2 counts prepping body $R$ (5-6) | 6:00 |
| 13-18 | 3/4 L back L, R back, L back rock |  |
| 1-3 | Turn $1 / 4$ L stepping L fwd (1), turn $112 L$ stepping $R$ back (2), step L back (3) | 9:00 |
| 4-6 | Step R back (4) rock back on L (5), recover fwd onto R (6) | 9:00 |
| 19-24 | Fwd L, brush hitch R, R jazz box backwards turning 1/8 R |  |
| 1-3 | Step L fwd (1), brush R foot fwd (2), hitch R knee opening body to L diagonal (3) | 9:00 |
| 4-6 | Cross $R$ over $L$ (4), step L back to L diagonal (5), step $R$ to $R$ side turning $1 / 8 R$ (6) | 10:30 |
| 25-30 | L twinkle, R twinkle $1 / 2 \mathrm{R}$ |  |
| 1-3 | Step L fwd (1), step R fwd (2), turn $1 / 4 \mathrm{~L}$ stepping L fwd (3) ... Note: you travel fwd | 7:30 |
| 4-6 | Step R fwd (4), turn $3 / 8$ R stepping back on $L$ (5), turn $3 / 8$ R stepping $R$ to $R$ side (6) Note: you travel fwd | 4:30 |
| 31-36 | L twinkle, R weave |  |
| 1-3 | Step L fwd into R diagonal (1), step R fwd (2), turn ${ }^{1 / 4}$ L stepping Lfwd (3) ... Note: you travel fwd | 1:30 |
| 4-6 | Cross $R$ over $L$ (4), square up to 3:00 stepping $L$ to $L$ side (5), cross $R$ behind $L$ (6) | 3:00 |
| 37-42 | Big side step L, slide R together, twinkle 3/8 R |  |
| 1-3 | Step L a big step to $L$ side (1), slide $R$ next to $L$ over 2 counts prepping body $L$ (2-3) | 3:00 |
| 4-6 | Turn $1 / 8$ R stepping R fwd (4), step L fwd (2), turn $1 / 4$ R stepping R fwd (3) (Note: think of these 3 steps as running steps into the $R$ diagonal) ... Restart on wall 7, facing 7:30 | 7:30 |
| 43-48 | Step L fwd, slow R kick fwd, step R back, rock L back |  |
| 1-3 | Step L fwd (1), hitch R knee (2), stretch R leg (3) | 7:30 |
| 4-6 | Step back on $R(4)$, rock back on L (5), recover fwd onto R (6) | 7:30 |
|  | Begin again $)^{\text {() }}$ - |  |
| Ending | Wall 10 is your last wall. It starts facing 7:30. Do the first 15 counts, now facing 3:00. Then step $R$ back (4), turn $1 / 4 L$ stepping $L$ a big step to $L$ side and drag $R$ next to $L$ to face 12:00 again | 12:00 |

